



JUICE BAR INGREDIENTS

JUICE BAR OVERVIEW

Juice, 5-9

Infused Water, 10-11

Freshly Infused, 12

Authentic Flavors, 13

Smoothie, 14-15

JUICES

Page 5

A.M.P.

Apple

Beets & Orange

Beets

Cara Cara Orange

Carrot & Orange

Carrot Beet

Carrot

Celery

Citrus Bomb

Page 6

Detox Juice

Ginger & Turmeric

Ginger

Ginger Lemon

Ginger Turmeric Lemon

Grapefruit

Green Energizer

Green Power

Page 7

Green Wonder

Guava Orange

Kiwi Twist

Lemon

Lemonade

Lime

Mango & Orange

Orange

Papaya Orange

Pete's K Special

Page 8

PFM Vitamin C Explosion

Pineapple

Pineapple & Orange

Pomegranate

Red Energizer

Strawberry Lemonade with Dragon Fruit

Strawberry Lemonade

Strawberry Spice

Sugar Cane

Page 9

Sunset Power Rise

Tamarind

Tangerine

Tropical Explosion

Tropical Green

Turmeric

Watermelon

Watermelon Lemonade

Yellow Boost

Zinger



INFUSED WATER

Page 10

Apples, Oranges, & Mint

Blueberries & Mint

Blueberries & Sage

Chia, Blackberries, Mint, & Lemons

Chia, Mint, Lemons, Cucumbers, & Oranges

Cucumbers, Lemons, & Ginger

Lemons, Limes, & Mint

Lime Water

Mint, Cucumbers, & Lemons

Mint, Pineapples, & Chia

Mint, Raspberries, & Limes

Page 11

Mint, Strawberries, Mangoes, & Ginger

Oranges & Mint

Pineapples & Mint

Pineapples, Mint, Cucumbers, Lemons & Chia

Strawberries & Basil

FRESHLY INFUSED

Page 12

Hibiscus Tea Unsweetened

Hibiscus Tea with Honey

Hibiscus Tea - Jamaica

Hibiscus Tea with Rose Water

AUTHENTIC FLAVORS

Page 13

Fresh Horchata

Fresh Homemade Horchata

Fresh Strawberry Horchata

Fresh Homemade Strawberry Horchata



FRESH SMOOTHIE

Page 14

Banana Breakfast

Berry Blast

Blue Moon

Green Machine

Green Street

Mango Madness

Peanut Butter Protein

Piña Colada

Power Pete

Page 15

Simply Strawberry

Vest Mode



JUICES

A.M.P.

Pineapples, Mint, and Apples.

APPLE

Apples.

BEETS & ORANGE

Beets and Oranges.

BEETS

Beets.

CARA CARA ORANGE

Cara Cara Oranges.

CARROTS & ORANGES

Carrots and Oranges.

CARROTS & BEETS

Carrots and Beets.

CARROT

Carrots.

CELERY

Celery.

CITRUS BOMB

Pineapples, Oranges, Lemons, Ginger,
and Grapefruit.



DETOX JUICE

Spinach, Parsley, Celery, Kale, Cucumbers, Ginger, Lemons, Cayenne Pepper, and Turmeric.

GINGER & TURMERIC

Ginger and Turmeric.

GINGER

Ginger.

GINGER LEMON

Ginger and Lemons.

GINGER TURMERIC LEMON

Ginger, Turmeric, and Lemons.

GRAPEFRUIT

Grapefruit.

GREEN CACTUS

Aloe Vera, Cactus, Oranges, and Cucumbers.

GREEN ENERGIZER

Cucumbers, Apples, Oranges, Lemons, Kale, Cilantro, Parsley, Bok Choy, Dandelions, Swiss Chard, Spinach, Watergrass, Chayote, Green Peppers, and Celery.

GREEN POWER

Kale, Spinach, Pineapples, Oranges, Bananas, Ginger, and Flax Seeds.



GREEN WONDER

Kale, Apples, Ginger, Celery, Cucumbers, and Limes.

GUAVA ORANGE

Guavas and Oranges.

KIWI TWIST

Kiwis, Oranges, Spinach, Kale, and Lemons.

LEMON

Lemons.

LEMONADE

Lemons, Water, and Sugar.

LIME

Limes.

MANGO & ORANGE

Mangoes and Oranges.

ORANGE

Oranges.

PAPAYA ORANGE

Papayas and Oranges.

PETE'S K SPECIAL

Cucumbers, Cactus, and Aloe Vera.



PFM VITAMIN C EXPLOSION

Oranges, Kale, Spinach, Kiwis, and Limes.

PINEAPPLE

Pineapples.

PINEAPPLE & ORANGE

Pineapples and Oranges.

POMEGRANATE

Pomegranates.

RED ENERGIZER

Apples, Beets, Carrots, and Celery.

STRAWBERRY LEMONADE WITH DRAGON FRUIT

Alkaline Water, Lemon Juice, Strawberries, Dragon Fruit, and Sugar.

STRAWBERRY LEMONADE

Alkaline, Strawberries, Lemons, and Sugar.

STRAWBERRY SPICE

Strawberries, Ginger, Apples, Bananas, and Oranges.

SUGAR CANE

Sugar Cane.



SUNSET POWER RISE

Oranges, Linza, Spinach, Lacinato Kale, Ginger, Turmeric, and Pineapples.

TAMARIND

Tamarind.

TANGERINE

Tangerine.

TROPICAL EXPLOSION

Oranges, Bananas, and Pineapples.

TROPICAL GREEN

Kale, Spinach, Oranges, and Pineapples.

TURMERIC

Turmeric.

WATERMELON

Watermelon.

WATERMELON LEMONADE

Lemons, Water, Sugar and Watermelon.

YELLOW BOOST

Oranges, Pineapples, Lemons, Ginger, Apples and Turmeric.

ZINGER

Oranges, Ginger, Turmeric, and Pineapples.



INFUSED WATER

APPLES, ORANGES, & MINT

Alkaline Water, Apples, Oranges, and Mint.

BLUEBERRIES & MINT

Alkaline Water, Blueberries, and Mint.

BLUEBERRIES & SAGE

Alkaline Water, Blueberries, and Sage.

CHIA, BLACKBERRIES, MINT, & LEMONS

Alkaline Water, Chia, Blackberries, Mint, and Lemons.

CHIA, MINT, LEMON, CUCUMBER, & ORANGE JUICE

Alkaline Water, Chia, Mint, Lemons, Cucumbers, and Oranges.

CUCUMBERS, LEMONS, & GINGER

Alkaline Water, Cucumbers, Lemons and Ginger.

LEMONS, LIME, & MINT

Alkaline Water, Lemons, Limes, and Mint.

LIME WATER

Alkaline Water and Limes.

MINT, CUCUMBERS, & LEMONS

Alkaline Water, Mint, Cucumbers and Lemons.

MINT, PINEAPPLES, & CHIA

Alkaline Water, Mint, Pineapples, and Chia.



MINT, RASPBERRY, & LIMES

Alkaline Water, Mint, Raspberries, and Limes.

MINT, STRAWBERRIES, MANGOES, & GINGER

Alkaline Water, Mint, Strawberries, Mangoes, and Ginger.

ORANGES & MINT

Alkaline Water, Oranges, and Mint.

PINEAPPLES & MINT

Alkaline Water, Pineapples and Mint.

PINEAPPLES, MINT, CUCUMBERS, LEMON, & CHIA

Alkaline Water, Pineapples, Mint, Cucumbers, and Chia.

STRAWBERRY & BASIL

Alkaline Water, Strawberries, and Basil.



FRESHLY INFUSED

HIBISCUS TEA UNSWEETENED

Hibiscus and Water.

HIBISCUS TEA WITH HONEY

Hibiscus, Water, and Honey

HIBISCUS TEA - JAMAICA

Hibiscus, Water, and Sugar.

HIBISCUS WITH ROSE WATER

Hibiscus, Rose Water, and Sugar.



AUTHENTIC FLAVORS

FRESH HORCHATA

Horchata Concentrate*, Milk, Water, Half & Half, and Vanilla Concentrate*.

***Horchata Concentrate** - (water, sugar, cream 14% (cream, milk, sugar, corn syrup, mono diglycerides, guar gum, locust bean gum, carrageenan) rice, horchata food flavor artificial (Water, Arabic gum sucrose acetate isobutirate, artificial flavors, citric acid and sodium benzoate as preservative), cinnamon, vanilla (water, 1.8% ethyl alcohol, propylene glycol, vanillin, pure vanilla extract, caramel color (ethyl Vanillin, potassium sorbate(as preservative), potassium hydroxide (acidity regulator))), caramel color (water, FD&C red #40, blue #1, FD&C yellow #6, caramel color, citric acid, sodium, benzoate).

***Vanilla Concentrate** - Vanillin, Other Aldehydes, Propylene Glycol, Vanilla Extract, and Water.

FRESH HOMEMADE HORCHATA

Rice, Cinnamon Stick, Condensed Milk*, Evaporated Milk*, Sugar, Water, Vanilla Concentrate*, and Half & Half.

***Condensed Milk** - Partially, Skimmed Milk (5% butterfat and 6.4% Milk Proteins) and Sugar.

***Evaporated Milk** - Milk, dipotassium phosphate, carrageenan, dextrose, Vitamin D3.

***Vanilla Concentrate** - Vanillin, Other Aldehydes, Propylene Glycol, Vanilla Extract, and Water.

FRESH STRAWBERRY HORCHATA

Horchata Concentrate*, Strawberry Water Concentrate*, Milk, Water, Half & Half, and Vanilla Concentrate*.

***Horchata Concentrate** - (water, sugar, cream 14% (cream, milk, sugar, corn syrup, mono diglycerides, guar gum, locust bean gum, carrageenan) rice, horchata food flavor artificial (Water, Arabic gum sucrose acetate isobutirate, artificial flavors, citric acid and sodium benzoate as preservative), cinnamon, vanilla (water, 1.8% ethyl alcohol, propylene glycol, vanillin, pure vanilla extract, caramel color (ethyl Vanillin, potassium sorbate (as preservative), potassium hydroxide (acidity regulator))), caramel color (water, FD&C red #40, blue #1, FD&C yellow #6, caramel color, citric acid, sodium, benzoate).

***Strawberry Water Concentrate** - (sugar, cream 14% (cream, milk, sugar, corn syrup, guar gum, locust bean gum, carrageenan) fresh strawberry, water, Mexican vanilla blend (water, 1.8% ethyl alcohol, propylene glycol, vanillin, pure vanilla extract, caramel color, ethyl vanillin, potassium sorbate (as preservative)), potassium hydroxide (acidity regulator), red food coloring (iodized salt, and artificial colors (FD&C red no. 40))).

***Vanilla Concentrate** - Vanillin, Other Aldehydes, Propylene Glycol, Vanilla Extract, and Water.

FRESH HOMEMADE STRAWBERRY HORCHATA

Rice, Strawberries, Cinnamon Stick, Condensed Milk*, Evaporated Milk*, Sugar, Water, Vanilla Concentrate*, and Half & Half.

***Condensed Milk** - Partially, Skimmed Milk (5% butterfat and 6.4% Milk Proteins) and Sugar.

***Evaporated Milk** - Milk, dipotassium phosphate, carrageenan, dextrose, Vitamin D3.

***Vanilla Concentrate** - Vanillin, Other Aldehydes, Propylene Glycol, Vanilla Extract, and Water.



SMOOTHIES

BANANA BREAKFAST

Cold Brew Coffee, Bananas, Almond Milk, Coconut Cream, Honey, and Chocolate Syrup.

BERRY BLAST

Raspberries, Blueberries, Strawberries, Yogurt, Apples, and Honey.

BLUE MOON

Blueberries, Bananas, Granola, and Apples.

GREEN MACHINE

Kale, Spinach, Green Apples, Cucumbers, Pineapples, Avocados, Ginger, Bananas, and Orange Juice.

GREEN STREET

Spinach, Green Kale, Pineapples, Oranges, and Honey.

MANGO MADNESS

Mangoes, Pineapples, Oranges, Yogurt, and Honey.

PEANUT BUTTER PROTEIN

Bananas, Peanut Butter, Almond Milk, Honey, and Protein Powder.

PIÑA COLADA

Pineapples, Pineapple Juice, Coconut Cream, Sweetened Condensed Milk*, Water, and Coconut Water.

*Sweetened Condensed Milk - (Milk and Sugar.)

POWER PETE

Bananas, Granola, Pineapples, Yogurt, Apples, and Protein Powder.



SIMPLY STRAWBERRY

Strawberries, Bananas, Oranges, Yogurt, and Honey.

VEST MODE

Cold Brew Espresso, Bananas, Peanut Butter, Cacao, Yogurt, Honey, and Rice Milk.

